

The games and activities booklet by Gea Weeren (of the Dutch Waldorf Free Schools Advisory Service) and Jack Stroop (teacher at the Geert Grote School, Amsterdam) brings together over 120 games and activities. None of them require a great deal of preparation and use materials that can be found in every classroom. Each activity lasts from 5 to 15 minutes. The games are suitable for all pupils aged between 6 and 14, so they can also be used in the first couple of years of secondary school. The booklet lists games according to age, grouped into the following categories:

- Sensory games
- Competitive games
- Movement games
- Tactical games
- Active thinking / Guessing games
- Creative games

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